## **Citizens Defense Training**

# "Confidence Through Training"

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The website is under development and should be up and running by sometime in November. The Facebook page is up, and I invite you to visit and consider "liking" or otherwise spreading the word. If you have any kinds words, feel free to share them.

https://www.facebook.com/citizensdt/?notif\_t=page\_user\_activity&notif\_id=1477192776514835

Please read below for a description of some of the training I offer.

Here is an overview of the various types of training I make available to law enforcement and civilians.

To do a Custom Course on Safety, Fundamentals, and Basic Manipulations for Rifle, Shotgun, or Handgun; \$100 per hour (and any expenses). There is a separate fee for rental/use of any firearms I bring for student use to try. Ammo, if I bring it, is cost + 10%. These classes are designed for civilians with some degree of training and experience. Example: Introduction to Home Defense Carbine

"Women Only" classes, structured to maximize comfort and learning modalities of new women gun-owners and shooters.

Carry of a Concealed Deadly Weapon classes, authorized and approved by State of Delaware.

As an NRA Civilian Instructor I offer classes in Pistol or Rifle. The Pistol course is described here:

### Name: NRA Basics of Pistol Shooting - Phase 2 (approx. 6 hours)

Short Description: The NRA Basics of Pistol Shooting is a two-part course consisting of an e-learning prerequiste portion (completed online-in your own timeframe) and a hands-on practical portion conducted at a range under the guidance and supervision of an NRA-Certified Instructor. The course is intended for all adults regardless of previous shooting experience or NRA-affiliation.

More Details: Some of the topics in the course include: gun safety rules, proper operation of revolvers and semiautomatic pistols, ammunition knowledge and selection, selecting and storing a pistol, the fundamentals of shooting, and pistol inspection and maintenance. When you enroll in the online course, you create a personal identification number (PIN). When you successfully complete the course, printing your certificate activates that PIN. The activated PIN allows you to register for the instructor-led training portion of the course, which I will schedule.

During the instructor-led-training portion of the course, as an NRA Instructor I will validate comprehension and application of gun safety rules; range protocol; proper handling; loading and unloading procedures; application of pistol shooting fundamentals; stable shooting positions; live fire; and a final shooting qualification.

Note: This course replaces the NRA Basic Pistol Shooting course.

#### Name: NRA Basic Rifle Shooting (approx. 14 hours)

**Short Description:** Teaches the basic knowledge, skills, and attitude necessary for the safe use of a rifle in target shooting.

**More Details:** This course includes classroom and range time learning to shoot rifles. Students learn NRA's rules for safe gun handling; rifle parts and operation; ammunition; shooting fundamentals; range rules; shooting from the bench rest, prone, sitting, standing and kneeling positions; cleaning, and continued opportunities for skill development. Students will receive the Basics of Rifle Shooting handbook, NRA Gun Safety Rules brochure,

Winchester/NRA Marksmanship Qualification booklet, take a Basics of Rifle Shooting Student Examination, and receive a course completion certificate.

#### Name: NRA Basic Personal Protection In The Home Course (approx. 8 hours)

Short Description: Teaches the basic knowledge, skills, and attitude essential to the safe and efficient use of a handgun for protection of self and family, and to provide information on the law-abiding individual's right to self-defense.

More Details: Prerequisites

This course is for law-abiding adult citizens, as defined by applicable federal, state, or local law, and experienced shooters (shooter is able to show mastery of the basic skills of safe gun handling, shooting a group, zeroing the firearm, and cleaning the firearm).

Prospective participants can demonstrate that they have the requisite knowledge, skills, and attitudes by producing an NRA Basic Pistol Course Certificate, NRA pistol competitive shooting qualification card, military DD 214 with pistol qualification, or passing the Pre-Course Assessment.

Description: This is an eight-hour course. Students should expect to shoot approximately 100 rounds of ammunition. Students will learn basic defensive shooting skills, strategies for home safety and responding to a violent confrontation, firearms and the law, how to choose a handgun for self-defense, and continued opportunities for skill development. Students will receive the NRA Guide to the Basics of Personal Protection In The Home handbook, NRA Gun Safety Rules brochure, the Winchester/NRA Marksmanship Qualification booklet, and course completion certificate.

Note: Lesson III of this course: Firearms and the Law, and Legal Aspects of Self-Defense, is conducted by an attorney licensed to practice law within the state in which this course is given and who is familiar with this area of the law, or a Law Enforcement Officer (LEO) who possesses an intermediate or higher Peace Officer Standards and Training (POST) certificate granted within the state, or an individual currently certified to instruct in this area of the law by the state in which this course is presented. NRA Certified Instructors may conduct this lesson only if they meet the requirements stated above and then only in their capacity as an attorney, or other state certified individual not in their capacity as an NRA Certified Instructor.

### NRA Home Firearms Safety (approx. 5 hours; non-firing)

**Short Description:** Non-shooting course that teaches students the basic knowledge and skills to explain the attitude necessary for the safe handling and storage of firearms/ammunition in the home.

More Details: This is a four-hour course for safe gun handling that is conducted in the classroom only. Students are taught NRA's three rules for safe gun handling; primary causes of firearm accidents; firearm parts; how to unload certain action types; ammunition components; cleaning; care; safe storage of firearms in the home; and the benefits of becoming an active participant in the shooting sports. Students will receive the NRA Home Firearm Safety handbook, NRA Gun Safety Rules brochure, Basic Firearm Training Program brochure, and course completion certificate.

I also offer **US Concealed Carry Association** course material, described here, as an Associate Instructor:

"The "Concealed Carry and Home Defense Fundamentals Course," is a comprehensive seminar for anyone considering owning or carrying a firearm for self defense. The class is a non-shooting class and is approx 8 hours long. In this seminar you will learn conflict avoidance, situational awareness; handgun, shotgun & AR-15 basics; shooting fundamentals; the physiology of violent encounters, legal aspects of using deadly force (including knowing what to do in the aftermath); and a complete guide on gear, gadgets, and ongoing training."

**For LE Agencies**, I develop Custom Courses in consultation with the Training Officer, in Patrol Rifle, Police Shotgun, and Police Handgun. These courses are designed as Refresher, Sustainment, or Skill Advancement. I also offer an

entire Patrol Rifle Operator course for those agencies who are adding Patrol Rifles to their equipment. These courses will be set up by contract and invoice. I also offer a full spectrum Patrol Rifle Operator class, from 24-40 hours (depending on the customer) very much like the one I wrote for the Allentown (PA) Police Department, a model many agencies have emulated.